



Abdominal pain and tenderness are difficult to diagnose. Gradually worsening abdominal pain with fever, loss of appetite, and no diarrhea could be an appendicitis. His fever indicates an infection. Perform a heel-drop test. If possible, call out for a physician evaluation. If you cannot reach a physician and the heel-drop test is positive, begin an immediate Level 1 Evacuation; call a helicopter with ALS for emergency transport (if possible). If the heel-drop test is negative, pack up, minimize his pack weight, and head out a day early (today). If his pain worsens during the hike out, readminister the heel-drop test and regardless of the result, call a helicopter, if possible. Continue to monitor his core temperature, maintain his hydration status, and minimize his exertion as much as possible.

