

Becka has a mild concussion but is in no danger of developing increased ICP; she also has numerous cuts and scrapes. Clean and dress her cuts, keep her inside and away from bright lights (until her light sensitivity fades). Reassure her. She will need both physical and mental rest but will, in time, recover fully. When basic services are restored, have her examined by a physician, even if she feels better.

In addition to his wound, Richard appears to be suffering from parasympathetic ASR. Carefully remove the glass from his thigh, then clean and dress the wound. If the bleeding is severe (unlikely), pack the wound—ideally with a hemostatic dressing—and apply a pressure bandage; do not close the wound. Richard may eventually need sutures but is in no immediate danger; monitor the wound for infection. His ASR should disappear with care, reassurance, and rest.

If you have the space, consider asking Richard and Becca to stay with you until services are restored and they have had an opportunity to be assessed by a physician.