

Your friend has frostbite on his left ear where it had frozen during the day and later spontaneously rewarmed. The initial freezing likely took place earlier in the day before he switched to his balaclava and face mask. Loosely pad the blistered area with gauze in case the blister breaks, have him wear his balaclava to bed to help keep his ear warm during the night, and reexamine it in the morning. If the blister has broken during the night remove any dead skin, clean the area, and rebandage. If the blister is still intact, replace the gauze and balaclava and ensure that his ear is well-protected from the wind and cold throughout the day; it's vital to prevent his ear from refreezing. If the storm has not yet broken, consider remaining in the cabin until it has.