

Given that your group is in a strike zone, immediately begin a rapid, but controlled, descent on the east side of the ridge through the hardwood forest. Position a staff person in lead and sweep positions with instructions for everyone to remain roughly 50 feet apart during the descent and to keep the person ahead of you in sight. Keep whistles to hand. Blow one long blast if the person in front of you gets out of sight to stop the group. Two long blasts means the group should start moving again. Three blasts in a constant series means someone may have been struck and may need assistance; converge on the whistle. Stop and reevaluate the situation when the group reaches lower ground in evenly forested section of the mountain.

Visit http://www.wildernessfirstresponderonline.com/lightning-injuries.html for complete discussion and videos on lightning prevention, injuries, and treatment.