



There are no “red flags” for an urgent medical evacuation; however, the rapid onset of a fever, dry cough, and sore throat indicates an viral throat infection that is best treated at home. Begin a Level 3 evacuation: Have one instructor and a healthy student hike to the van and bring it to the intersection of the trail and dirt road. Have the remaining instructor and the rest of the group hike back to meet the van. Divide the sick student’s weight between group members to reduce load and exertion.

Prior to and during the evacuation:

- Give NSAID as per over-the-counter directions.
- Salt water gargle.
- Maintain hydration.
- Minimize exertion/exercise.
- Avoid sharing of water bottles.